



ROOTS ROCK 50K/25K

Sept. 6th, 2009

Pt. Gamble, Wa

8:30 a.m.

-The course is a 25K loop starting and finishing in Port Gamble. There is a combination of single track and dirt roads.

-There will be a stocked aid station halfway through the loop as well as at the start/finish (mile 8, 15.5, 23.5, finish). You will be treated to BBQ, beer, and soda upon finishing.

- Cost is \$20.00, with tech shirt \$30.00 (entry in by August 15th to guarantee shirt size)

- more info and sign up at www.rootsrockrun.com or at Poulsbo Running (360-779-8757)